

UNIVERSITY OF PENNSYLVANIA

**Center for the Treatment and Study of Anxiety  
Child & Adolescent OCD, Tic, Trich, and Anxiety Group (COTTAG)**

**2009-2010 CLINICIAN WORKSHOP SERIES**

The Child and Adolescent OCD, Tic, Trich and Anxiety Group (The COTTAGE) in the Department of Psychiatry at the University of Pennsylvania is pleased to announce our 2009-2010 Clinical Training Workshop Series.

Dr. Martin Franklin, world-renowned expert in the treatment of pediatric OCD, OC Spectrum Disorders, and Anxiety, along with faculty and staff from The COTTAGE will provide intensive instruction in the use of assessment and treatment techniques for pediatric OCD, Anxiety, Tic Disorders, and Trichotillomania, including Cognitive-Behavioral Therapy (CBT) for Anxiety, Exposure and Response Prevention (EX/RP) for OCD, and Habit Reversal Training (HRT) for Tic Disorders and Trichotillomania.

**COGNITIVE-BEHAVIORAL TREATMENT OF PEDIATRIC ANXIETY DISORDERS AND OCD  
APRIL 29 – 30, 2010**



**COGNITIVE-BEHAVIORAL TREATMENT OF PEDIATRIC OCD  
MASTER CLINICIAN WORKSHOP  
JUNE 10 – 11, 2010**

These intensive workshops are designed for mental health professionals who would like to sharpen their knowledge of and fundamental skills in providing evidence-based treatments for these disorders to youth in their own treatment setting. These skills are a must for any mental health professional working with youth.

Participants will receive treatment materials used in providing the therapy and supporting resources for use with patients and families. Refreshments will also be provided. Cost is \$500 (\$450 for PBTA members).

This workshop will be co-sponsored by the Philadelphia Behavior Therapy Association (PBTA). PBTA is approved by the American Psychological Association to sponsor continuing education for psychologists. PBTA maintains responsibility for this program and its content. PBTA is also an authorized provider for Continuing Education credits for Professional Counselors, Marriage and Family Therapists and Clinical Social Workers licensed in the state of Pennsylvania. This program provides fourteen (14) hours of CE credits. Those interested in receiving continuing education credits (CEs) through the Philadelphia Behavior Therapy Association (PBTA), can pay \$25 (to PBTA) and receive credits for their attendance. Attendees can receive 14 credit hours per workshop.

For more information about this series and to register:

**215 • 746 • 3327**

**[www.med.upenn.edu/cottage](http://www.med.upenn.edu/cottage)**

*Space is limited (25 attendees), reservations are confirmed on a rolling basis, so don't delay!*